

# Running a Safe Litter Pick

## Please be aware of surroundings

If picking by a road make sure you are wearing high-vis, and if picking by water keep an eye on the tides and children.

## Handling awkward or heavy objects

Make sure to ask for help when looking to move/lift awkwardly shaped or heavy objects, always remember to lift with your legs!

## Collection of dog waste

Ask someone with a dog waste picker or dog bag to pick this up, dog waste can also be marked and should be collected at the beginning of the activity.

## Plants to avoid

Keep an eye out (and avoid!) Giant Hogweed. Giant hogweed has long, green stems which end in small white flowers. Seek medical attention if skin comes into contact with the weed and irritation or blistering occurs.

## Hazardous waste and sharps

If you come across hazardous waste or sharps, such as chemicals and needles, please leave these and report them via the 'Report it' function on the Borough of Poole website, also make other litter pickers aware of the hazard.

